

In This Issue: 5/6 Track Meet & 5/11 Fundraiser | Farm Corner | Hot Lunch | In the Community



Welcome to Tuesday Newsday!

Volume 36, 2025–2026 | Edition: May 5–11



- 5/6:** Track Meet at HCC Track
 - 5/8:** Flower Sale Pre-Order Pickup
 - 5/13:** Track Meet at HCC Track
 - 5/16:** SAT – Girls on the Run 5K
 - 5/20:** JH Presentations & Seedling Sale
 - 5/21:** Festival of the Arts
 - 5/25:** No School – Memorial Day
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HAPPY Birthday

Tuesday, May 5 — Jonah Saar (Blue Beech)

Tuesday, May 5 — Ms. Adriana Walczewski (Blue Beech)

Wednesday, May 6 — Jackson Lowry (Dogwood)

Friday, May 8 — Ella Statz (Silver Maple)

Monday, May 11 — Jordan Turner (Redbud)

Monday, May 11 — Theo Bickel (River Birch)

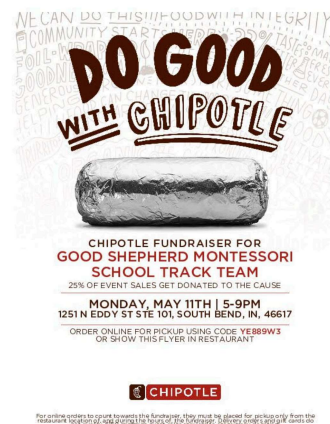
5/6 Meet & Track Team Fundraiser

Good Shepherd is the host for the track team's last regular-season meet this **Wednesday, May 6**, at the Holy Cross College track. 🐏 Go Rams!! 🐏

Next Monday, May 11, you can support the track team by **getting your dinner from Chipotle Mexican Grill!** Your purchase will support the purchase of ribbons, uniforms, first aid items, and more.

From **5–9 p.m.**, the **Eddy Street Chipotle** ([restaurant link](#)) will donate 25% of sales to anyone who shows the fundraising flyer or uses the GSMS code online.

To qualify, you must show the **flyer** at the time of purchase or use this **code** when placing your online order: YE889W3. Make sure your order is for pickup between 5 and 9 p.m.



Click the image to view the full flyer. Thank you for your support!

Farm Corner

It's an exciting time on the farm with our summer interns getting started this week. If you haven't signed up for our **CSA**, consider doing so as a **working** or **non-working member**. This program supports the learning of our interns and provides a healthy basket of fresh produce for members every week. More details are on the [Urban Farm page](#) of our website. Come grow with us this summer. 🥦 🧄 🥕

Pre-Order Flower Pickup on Friday

5/8

🌸 Reminder: The Mother's Day flower sale pickup is this Friday in the **south parking lot during morning drop-off**. This is for those who placed pre-orders for zinnias, snapdragons, and marigolds.



Please stop by and pick up your pre-orders **after 7:45 a.m.** If we have extras, we are happy to sell those too. Check in with us on Friday. Each flat has a label with the flower variety name and the name of the student who grew them for you.

Have a wonderful Mother's Day weekend!

Junior High's Legacy Project Presentations & Plant Sale

On **Wednesday, May 20**, from **9:30–11:30 a.m.**, the Junior High students will be presenting their regenerative farming projects. This is the culmination of their Farm and Science studies, and their projects will live on here at school long after they have graduated. The students will also have a variety of plants for sale, just in time to start your garden at home. All are welcome!

Hot Lunch

Next Week's Menu

Monday 5/11 — Pizza Pie
Tuesday 5/12 — Bang Bang Ji
Wednesday 5/13 — Dip Day w/Crudite
Thursday 5/14 — Best Buttered Beefy Noodles
Friday 5/15 — Spaghetti Taco



Order Today!

IN THE COMMUNITY

Summer Friendship Group – Ages 3 & 4

Family Psychology of South Bend is thrilled to offer a 6-week **Summer Friendship Group** series beginning on Tuesday, June 16. This group is geared towards 3- and 4-year-olds.

Children will learn and practice coping skills, cooperation with peers, and social confidence through developmentally appropriate, engaging, interactive activities. Space is limited to ensure a **small group experience**. This program will be facilitated by Brianna Worland, MS, LMHCA.

familypsychology
OF SOUTH BEND

Skills for Making and Keeping Friends for 3 to 4 Year-Olds

"A friend is someone who helps you up when you're down, and if they can't, they lay down beside you and listen!" —Winnie the Pooh

This group will help your child:

- connect with peers and plug into school more easily
- feel more confident about speaking up and less nervous about joining in
- discover new ways to cope and manage emotions within a small group of friends

In this series of Friendship Group meetings, facilitated by Family Psychology of South Bend's early-childhood therapist Brianna Worland, LMHC-A, your child will learn and practice coping skills, cooperation with peers, and social confidence. They will practice these essential skills through engaging, interactive activities geared toward their developmental level, using the science of emotional regulation and play-based learning.

Registration: Please contact Sarah at Family Psychology of South Bend 574-280-8199.

MEETING DATES AND TIME:
6 Tuesdays at 8:45am-9:45am starting June 16th

LOCATION AND DIRECTIONS:
ECDC Saint Mary's College, Havican Hall Room 20
Enter the Saint Mary's College campus at the North entrance on Brother Andre Dr., near the Inn at St Mary's. Travel west, past the stop sign (do not turn onto Madeleva Dr.) Turn right into the 3rd entrance for the Science Parking Lot at Havican Hall. Enter Havican through the door next to the Early Childhood Center's garden, not far from the ECDC blue school bus.

COST: \$299 for all 6 sessions
Space will be limited to ensure small group experience.
Scholarships may be available.



Brianna Worland, MS, LMHCA trained with Sharon Rain, LCSW and continues the FPSB tradition of Adlerian child guidance. She facilitates guided conversation between parents and children and collaborates with them to solve problems and support development. She earned her Master of Science in Counseling and Human Services from Indiana University.

More family-life lectures and resources posted at: family-psychology.com

Click the image to view the full flyer.

Missed an issue? Visit the [Tuesday Newsday Archive](#).

To submit an item for this e-newsletter, email tuesdaynewsday@gsms.org by Monday mornings at 8:00 a.m.



[Tuesday Newsday Archive](#)



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MONTESSORI SCHOOL

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