

This is our weekly newsletter for the 2025–2026 school year. Tune in each week for upcoming events or communications.

In This Issue: SAT: Bowling with the Board | Parent Education Night & Childcare Signup | Trivia Tickets | FPC Opportunities | Last Chance: Art Club Lottery | GOTR | Hot Lunch | In the Community



Welcome to Tuesday Newsday!

Volume 22, 2025–2026 | Edition: January 20–26



1/24: Parents Night Out – Bowling with the Board

1/27: Parent Education Night – Technology | 6 p.m.

2/6: GSMS Trivia Night

2/13: No School – Faculty Work Day

2/16: No School – Presidents' Day

HAPPY Birthday

Tuesday, January 20 — Keira Bremer (Dogwood)
Tuesday, January 20 — Evelyn Ritz (Dogwood)
Thursday, January 22 — Penn Andrew (River Birch)
Friday, January 23 — Lily Lynch (Blue Beech)
Monday, January 26 — JT Anderson (Blue Beech)
Monday, January 26 — Melody Liqian (Blue Beech)
Monday, January 26 — Sophia Hernandez (Dogwood)
Monday, January 26 — Millie Dowd (Cedar)

This Saturday: Bowling with the Board

 **Attention GSMS Parents:** You're invited to a special **parents-only night out** hosted by Douglas Matthys, member of the GSMS board (and parent to Jack in Cedar, Henry in Silver Maple, and Caroline in Redbud). It will be a great evening of fun and fellowship and a chance to get to know some of the GSMS board members.

What: Bowling with the Board

When: Saturday January 24, 2026 from 5:00 to 9:00 p.m. with **bowling starting at 6:00**

Where: Bowlers Country Club, 55839 Pine Rd, South Bend, IN 46619

Details: Enjoy 3 games of bowling, a 9-Pin No-Tap style tournament. Sign up as a single player, double, or a team of 4.

Cost: \$20 for three games and shoes. Cash bar. Food/snacks are welcomed.

Contact: Douglas Matthys, 574-532-1005 or dmmatthys@hotmail.com

Mark your calendar and save the date for a night of fun with GSMS friends!

[Sign Up Now](#)

Parent Education Night | Technology

Tuesday, January 27

6:00–7:30 p.m.

Next Tuesday will be our Parent Education Night on **technology use at school and home**. At least one parent from each GSMS family is expected to attend, and you will receive one FPC hour for attending. We are looking forward to great conversations together!

Sign Up for Childcare

Childcare will be provided for **any current GSMS students** who are registered by **Friday, January 23**. [Click here to register.](#)

Childcare Snacks

If you can help provide nutritious snacks for the children, please [sign up on this spreadsheet](#). Contributions count toward FPC hours.

Opportunity: Bring Snacks for Parents

There will be a **social time** after the PEN program. Traditionally, parents volunteer to bring snacks and drinks to share. Contributions count toward FPC hours. If you can help, please [sign up on the spreadsheet](#). Thank you!

Don't Wait: Get Tickets for GSMS Trivia Night!

Tables and tickets are still available for Good Shepherd's **Trivia Night on Friday, February 6!** Doors open at 6:00 p.m., with the first round of trivia starting at 7:00 p.m. Join us for a fun night out in support of the students, staff, and the entire Good Shepherd community.

We also have a few open seats at the tables **reserved for parents from each level**. Bring a friend—or take a low-risk leap and join in the fun while getting to know other GSMS parents. **No trivia expertise required!**

Get Trivia Tickets Now

♥ Donate a Trivia Night Basket 🎁⚽️📚🍋🍷

School families traditionally put together **creative, themed baskets** to raise funds at this event. We've had baskets with all kinds of themes: holiday activities, movie nights, lemon goodies, wines around the world, gardening, turntables, and more. If you would like to contribute a basket or sponsor us to create one on your behalf, email office@gSMS.org for details. Thank you in advance for your support!

Please note: This event is strictly 21+.



Parent Volunteer Opportunities

Trivia Night Prep & Cleanup

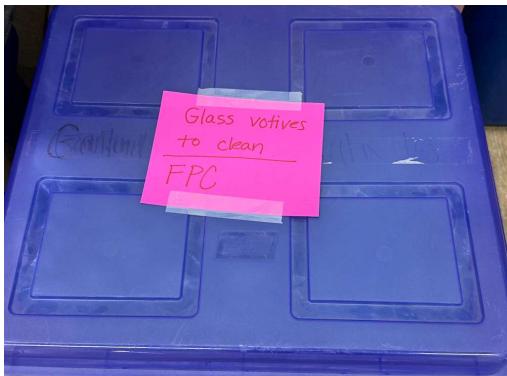
We would love a few volunteers to help move tables and chairs for Trivia Night on the morning of **Friday, February 6**. We will get started after drop-off if you can stay for a

little while. Email office@gSMS.org if you can help or just stop by that morning.

If you're planning to attend Trivia Night, it is a huge help to staff if a few parents can spend a little time after the event collapsing tables and taking out the trash with us. No need to sign up ahead of time—just do what you can to help and log it in [MobileServe](#) as always.

At Home Opportunity — Cleaning Votives

We have a collection of **glass votives** used at Advent Lessons and Carols that need some TLC. We are looking for a volunteer to **remove the old candle wax**, clean, and beautify the votives. If you can help, please email office@gSMS.org.



Last Chance: Winter Art Club Lottery

Art specialist, Ms. Laurie Rousseau is offering two sessions of "**After School in the Art Room**" **ART2Science** for students in grades 1–8 to explore connections between art and science.

- Please note that due to the high demand for art club, **spaces will be assigned by lottery**.
- Families should complete one form. Multiple children may be included on each form.
- **>All families who complete the online form by 8:00 a.m. on Wednesday, January 21, 2026, will be entered into the lottery.**

Art: Color Experiments
Oil and Water Paintings
Compass Paintings

Science: Balance & Form
Balancing Bird Sculpture

Salt Paintings



Two Options: One Form

1. Six Mondays: January 26, February 2, 9, 23 & March 2, 9
2. Six Tuesdays: January 27, February 3, 10, 17, 24 & March 3

- Limit 10 students per session
- Grades 1 and up
- 3:00 to 4:30 p.m.
- Light snack served
- \$60/child*

*Note: There was an error on the lottery form about paying the club fee. Those who receive spots will be charged via FACTS once the club starts.

[Join Art Club Lottery](#)

Girls on the Run Registration Open

• HER PATH TO EMPOWERMENT STARTS AT Girls on the Run® •



WHO WE ARE

Girls on the Run is a **girl-empowerment organization** that inspires participants to be **joyful, healthy and confident** using evidence-based lessons that combine relationship building, community strengthening, and goal setting with physical movement.

• FOR EVERY GIRL!

Program fees range from \$20 to \$180 based on your household income. When you register, simply choose what works for your budget. That's it—no separate forms, no extra steps. Need to spread out payments? We offer payment plans to make it even easier.



Bottom line: Every girl who wants to participate can participate. Cost will never keep your daughter from being part of our team.

WHY IT MATTERS

- rocket: Our programs boost girls' self-worth when they need it most.
- wave: Girls' self-confidence begins to drop by age 9.
- shoe: Girls' physical activity levels decline starting at age 10.
- two people: 50% of girls ages 10 to 13 experience bullying.



REGISTER
TODAY!

QUESTIONS?

✉️ gotrmichiana@gmail.com

To learn more and register, visit girlsontherunmichiana.org/programs

Practices for Good Shepherd's Girls on the Run (GOTR) team—open to girls in **grades 3–5**—will be two days a week: Tuesdays and Thursdays from 3:15–4:45 p.m.

Register for GOTR

Hot Lunch

Next Week's Menu

Monday 1/26 – Pizza Pie

Tuesday 1/27 – Chicken Massaman
Curry
Wednesday 1/28 – Lobio
Thursday 1/29 – 5 Finger Beshbarmak
Friday 1/30 – ABC Soup w/NNB & AB
Sandwiches



Order Today!

IN THE COMMUNITY

Conversations about Everyday Life with Children

Free Lunchtime Live Webinars with Sharon Bain, LCSW

Join Sharon Bain, LCSW of Family Psychology of South Bend for **“Conversations about Everyday Life with Children.”** The annual series through ECDC focuses on parenting children ages 2–12 and addresses child guidance and child development, presenting information and resources within the context of a positive discipline philosophy. Additional details can be found in the flyer linked below.

There is no fee to register. Sessions through Google Meet. Please RSVP to ebetson@saintmarys.edu in the ECDC office.

2/4/26 | Noon – Winning Your Child's Cooperation with Screen Time Limits

3/5/26 | Noon – Understanding Your Spirited Child and Their Invitations into Power Struggles



Parents are invited to join ECDC in...
**Conversations about
Everyday Life with Children**

Join us on Google Meet for conversations about parenting ages 2-12 facilitated by Sharon Bain, LCSW. Our annual series addresses topics related to child guidance and child development, providing information and resources within the context of a positive parenting philosophy.

There is no fee to register. Please RSVP to ebain@saalmays.edu in the ECDC office.

Winning Your Child's Cooperation with Screen Time Limits
Wednesday, February 4, 2026 at noon on Google Meet

Are you wondering how to preserve a play-based childhood for your child? You also allow screen time opportunities to practice setting screen time limits. Please join us as we discuss with a parenting expert's latest advice about navigating our screen-filled world. Learn how you can live healthier lives together by putting technology on your Family Meeting agenda.

**Understanding Your Spirited Child and
Their Invitations into Power Struggles**
Thursday, March 5, 2026 at noon on Google Meet

Learn how to manage your child's intense emotions by listening and problem solving together. Bring your concerns about your child's intense child and when how to right, not give in, and prepare coping strategies for your child's next intensely emotional moment. Hear examples of how a child's intense emotional outburst can be turned into a valuable opportunity to practice autonomy and mastery. Begin using practical tools to manage your child's intense emotions and bring them out of Power Struggles. Learn how to trust that your child's emotion can be a creative force for positive connection with you and others.

Please RSVP to Liz Betson at lbetson@saalmays.edu.

If you have questions, you may call the ECDC office at 284-4955
More family enrichment resources at family-psychology.com

Marriage Series with GSMS Partner, Family Psychology

Family Psychology of South Bend is offering “Conversations That Connect,” a three-part marriage enrichment series, with proceeds benefiting [Our Lady of the Road](#). The April session will be held at GSMS. Good Shepherd has partnered with Family Psychology to offer support to families through different stages of life. Counselors Sharon Bain, LCSW, and Dr. John Petersen, PsyD, are GSMS alumni parents. Read more about the series [here](#). Pre-registration online is encouraged—[Sign up here](#).



Scan the QR Code to RSVP! Or visit the events tab on our website.
For each event, a \$20 donation is requested per couple with all
proceeds being made to Our Lady of The Road.

Wed. Feb 4, 2026
6:30-8:00pm **Five Questions to Enhance Your Sexual Relationship**
Hosted at First United Methodist Church in South Bend

Wed. April 29, 2026
6:30-8:00pm **Making Listening an Act of Love**
Hosted at Good Shepherd Montessori School

Tues. June 23, 2026
6:30-8:00pm **Connecting in the Midst of Busy Lives**
Hosted at Michiana Community Church

Missed an issue? Visit the [Tuesday Newsday Archive](#).

To submit an item for this e-newsletter, email tuesdaynewsday@gsms.org by Monday mornings at 8:00 a.m.



Tuesday Newsday Archive



Good Shepherd
MONTESSORI SCHOOL

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