

This is our weekly newsletter for the 2025–2026 school year. Tune in each week for upcoming events or communications.

In This Issue: SAT 9/27, FPC Day | 10/1 PEN: CASIE | Substitute Teach at GSMS | RSVP for Grandparents & Special Friends Day | FPC Opportunities: Front Desk, Kitchen, UE Atrium | Nurse's Corner: When to Stay Home | Hot Lunch



Welcome to Tuesday Newsday!

Volume 7, 2025–2026 | Edition: September 23–29



9/26: XC Meet – GSMS Hosts at Prairie Winds

9/27: FPC Project Day on the Farm 🚜

10/1: Parent Education Night – CASIE Center

10/3: XC Meet – Stanley Clark

10/10: Grandparents and Special Friends Day

10/10: XC Family Fun Run at GSMS

10/16–17: No School – Fall Break



Friday, September 26 — Claire Rutledge (Silver Maple)

Saturday, September 27 — Ezra Hehn (River Birch)

Saturday, September 27 — Serenity Long (Cedar)

Saturday, September 27 — Evie Czarnecki (River Birch)

Sunday, September 28 — Lucy Statz (Redbud)

Sunday, September 28 — Noah Warkentin (Elm)

This Saturday: FPC Project Day on the Farm

Saturday, September 27

8:00 a.m.–12:00 p.m.

We are hoping for an excellent turnout for our annual FPC Project Day on the farm **this Saturday, September 27**, from 8:00 a.m. to 12:00 p.m.

- **All GSMS families** are encouraged to attend for some of the four-hour window—many hands make light work!
- Upon arrival, please check in under the portico.
- Please bring water bottles, work gloves, and a sturdy shovel, if possible.
- A variety of work will be available.

Thank you for your support of our urban farm! 🐕 🐰

October 1: Special Parent Education Night

Wednesday, October 1

6:00–7:30 p.m.

We are pleased to welcome speakers from the [CASIE Center](#) for an important Parent Education Night (PEN) on Wednesday, October 1. They will share information about their **body safety and child abuse prevention program, which will be implemented at Good Shepherd this school year.**

The CASIE Center delivers this program in schools throughout St. Joseph County, in compliance with the state of Indiana's 2017 mandate, known as Erin's Law. Designed by the [Monique Burr Foundation for Children](#), the curriculum used by the CASIE Center is research-based and age-appropriate. It teaches students of all ages to recognize signs of abuse and identify a "safe adult" that they can talk to.

At least one parent from each GSMS family is expected to attend, which counts for one hour toward your family's Family Parent Cooperative (FPC) commitment.

Sign Up for Childcare

Childcare will be provided for any **current GSMS students** who are registered by Monday, September 29, at 12:00 p.m. [Click here to register.](#)

FPC Opportunity: Snacks for Childcare

We welcome donations of nutritious snacks for the children in the childcare program. Please sign up on [this spreadsheet](#) if you can help. Contributions count toward FPC hours.

Substitute Teach at GSMS

We are currently looking to increase the size of our substitute list at Good Shepherd.

Training is available, and substitutes will never be left alone with a classroom of children. While often we know the need in advance, subbing could involve getting a call or text early in the morning (or late at night) to see if you are available for a full or half-day assignment.

If this is something that interests you, or if you know of somebody who has excellent skills with children and a flexible schedule, please contact Meredith Anatolios (manatolios@gmail.com) to let her know of your interest.

This is a paid position. Current parents may also opt to use substitute hours toward their FPC hours instead.

Grandparents and Special Friends Day

Friday, October 10

8:15–10:00 a.m.

We are excited about our annual celebration, Grandparents and Special Friends Day, on Friday, October 10! Please encourage your children to invite their grandparents or a special friend to join us for Morning Prayer, a classroom visit, and a photo opportunity. Our guests will be finished by 10:00 a.m.

✨ Please note that Good Shepherd does not send invitations for this event and all RSVPs must be received by Friday, October 3. ✨

How to Invite Guests

We encourage students to personally invite their guests. Below is a script children can use when extending the invitation in person or by phone:

"Hello ____!"

I would like to invite you to visit my school on Friday, October 10th, for Grandparents and Special Friends Day. Please arrive by 8:15 a.m. for Morning Prayer. After Morning Prayer, I will show you my classroom, and we can take a picture together. I would love to show you my school! I hope you can make it!

RSVPs Required

Once the invitation has been accepted, please submit an RSVP for any grandparent or special friend who will be attending. **All RSVPs are due by Friday, October 3.**

RSVP Now

Help for Grandparents & Special Friends Day

We need a variety of **parent volunteers** to facilitate this special event, from photographers to bakers. Please sign up on the [volunteer spreadsheet](#) to help.

Contact office@gsms.org with any questions. Thank you!

Family Parent Volunteer Opportunities

Front Desk

We are looking for a handful of volunteers who would be willing to be trained on front desk duties to fill in for Brittany Nichols from time to time. Dates and hours are extremely flexible. Please contact Meredith Anatolios (manatolios@gsms.org) if interested.

Tuesday/Thursday Kitchen Help

We are looking for volunteers to help with **prep (morning)** or **clean-up (afternoon)** on:

- T/TH Mornings: 9:00–11:30 a.m.
- T/TH Afternoons: 1:00–2:30 p.m.

If you can only help for **part of a shift**, e.g., 9:00–10:00 a.m., that's OK! Please choose a shift on the [sign-up sheet](#) and add your name to claim it. Email Heather Tuttle (htuttle@gsms.org) or Michele Woody (mwoody@gsms.org) with questions.

River Birch Atrium Assistant

We are seeking a temporary Atrium assistant for River Birch on **Tuesday mornings** from **8:45 to 10:15 a.m.**, from October through mid-December (ten Tuesdays), while our lovely volunteer from the Sisters of Holy Cross will be away. No experience necessary. The assistant will work alongside the children, offering assistance as needed and supervising the environment while the catechist presents in small groups.

You can sign up to **help for one day** or **volunteer for all ten**. Contact Katie Ball-Boruff (kballboruff@gsms.org), or sign up on [this spreadsheet](#).




NURSE'S CORNER

Hi Everyone! If your house is anything like mine, you've started to hear the familiar sounds of coughing and blowing noses. Ah, the joys of back to school colds. If you're trying to decide if your child is well enough to go to school, this handy little graphic may help! You can also always feel free to reach out to me at nurse@gsms.org if you have any questions. Now cover those coughs and go wash your hands!

Thank you very much!

Angelica Anderson, RN

GSMS School Nurse

 IS YOUR CHILD TOO SICK FOR SCHOOL?		 SHOULD YOUR CHILD SEE A DOCTOR?	 HOW LONG TO STAY HOME?
Mild Cough/Runny Nose	NO ❌ if no fever		
Mild Sore Throat	NO ❌		
Bad Cough/ Cold Symptoms	YES ✅	YES ✅ if cough does not improve or gets worse	Stay home until cough is mild and child is feeling better, then back to school.
Diarrhea or Vomiting	YES ✅		Stay home for 24 hours after the last episode.
Fever	YES ✅ if fever is over 100°	YES ✅ if fever is higher than 103° with medication	Stay home when the fever is 100° or higher in the AM. Drink liquids. Return to school when fever has been below 100° for 24 hours without fever-reducing medication.
Severe Sore Throat	YES ✅	YES ✅ if severe or with upset stomach or headache, may need test for Strep	Stay home if severe. If Strep, may return to school 24 hours after starting antibiotics.
Earache	YES ✅	YES ✅	
Pink Eye	YES ✅	YES ✅	Stay home until the doctor says that it's okay to return to school or for 24 hours after the start of treatment.
Rash	YES ✅	YES ✅ for boils, hives, animal or insect bites, open wounds	Stay home until the doctor says that it's okay to return to school.

Hot Lunch

Next Week's Menu

Monday 9/29 — Pizza Pie

Tuesday 9/30 — Bill's Thai Curry

Wednesday 10/1 — Cheesy Broccoli Soup

Thursday 10/2 — Egg Roll Bowls

Friday 10/3 — Salad Bar



Order Today!

Missed an issue? Visit the [Tuesday Newsday Archive](#).

To submit an item for this e-newsletter, email tuesdaynewsday@gsms.org by Monday mornings at 8:00 a.m.



[Tuesday Newsday Archive](#)



Good Shepherd
MONTESSORI SCHOOL

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